

SAVE
UP TO 50%

on 4 of Dr. Williams' favorite supplements!

FPO

Plus,
FREE SHIPPING
on all orders!

Dr. David Williams
PO Box 531
Montoursville, PA 17754

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DOCTORS'
PREFERRED, LLC



Dr. David Williams

“These exclusive formulas are key to supporting comfortable digestion, mood, oral and sinus health, and clear, sharp vision.”

INSIDE: 4 TOP-RATED SUPPLEMENTS



WMSMPC-0218 13392d112917

SAVE UP TO 50%!

PLUS, FREE SHIPPING

ON ALL ORDERS



✓ YES! I want to benefit from Dr. Williams' top-rated health supplements. Please send me the bottles I have indicated below.

bottles I have indicated below.		AutoDelivery [†] (check yes to enroll)	Supply (3-Mo., 6-Mo., or 9-Mo.)	Your Price	Total
ZemBright Mood Plus [®]	ZMP01	<input type="checkbox"/> Yes	_____ x _____ =	\$ _____	
Probiotic Advantage [®] Oral Sinus	BLS01	<input type="checkbox"/> Yes	_____ x _____ =	\$ _____	
Vision Advantage [®]	VAD01	<input type="checkbox"/> Yes	_____ x _____ =	\$ _____	
Digestive Enzyme Advantage [™]	DEA01	<input type="checkbox"/> Yes	_____ x _____ =	\$ _____	

PAYMENT METHOD:

☐ Credit or Debit Card: ☐ ☐ ☐ ☐

Card # _____ Exp: _____ / _____

Signature: _____

☐ Check or Money Order (payable to Healthy Directions)

Phone #: (_____) _____

☐ Yes, I want even more benefits from Dr. Williams and Healthy Directions! Sign me up for the FREE health eNews that will give me the latest health breakthroughs and discoveries to help me and my loved ones stay active, energetic, and feeling great.

Email: _____

Lock in free shipping forever
& these great sale prices
with **AUTO DELIVERY!**

*AutoDelivery is available for credit card orders only. Choose AutoDelivery today and we'll rush your first shipment right to your door. Then, right before you run out, we'll automatically ship you another fresh supply which will be charged to the credit card you use today. You can call 1-877-993-9320 with any questions, to add products, adjust your shipment frequency, or to cancel AutoDelivery at any time.

Please make address changes above.

ZEMBRIGHT MOOD PLUS | 30 capsules | Item # ZMP01

SUPPLY	DISCOUNT	REGULAR PRICE	SAVINGS	YOUR PRICE
9-Mo.	50% OFF	\$314.91	\$164.45	\$157.46
6-Mo.	40% OFF	\$209.94	\$90.97	\$125.96
3-Mo.	30% OFF	\$104.97	\$38.48	\$73.48

PROBIOTIC ADVANTAGE ORAL SINUS | 50 lozenges | Item # BLS01

SUPPLY	DISCOUNT	REGULAR PRICE	SAVINGS	YOUR PRICE
9-Btl.	50% OFF	\$224.91	\$119.45	\$112.46
6-Btl.	40% OFF	\$149.94	\$66.97	\$89.96
3-Btl.	30% OFF	\$74.97	\$29.48	\$52.48

VISION ADVANTAGE | 90 capsules | Item # VAD01

SUPPLY	DISCOUNT	REGULAR PRICE	SAVINGS	YOUR PRICE
9-Mo.	50% OFF	\$359.91	\$186.95	\$179.96
6-Mo.	40% OFF	\$239.94	\$102.97	\$143.96
3-Mo.	30% OFF	\$119.97	\$42.98	\$83.98

DIGESTIVE ENZYME ADVANTAGE | 30 capsules | Item # DEA01

SUPPLY	DISCOUNT	REGULAR PRICE	SAVINGS	YOUR PRICE
9-Mo.	50% OFF	\$224.91	\$119.45	\$112.46
6-Mo.	40% OFF	\$149.94	\$66.97	\$89.96
3-Mo.	30% OFF	\$74.97	\$29.48	\$52.48

Merchandise Total \$ _____

Shipping and Handling **FREE!**

Sales Tax: IN add 7%; KY add 6%; ME add 5.5%; MS add 7%; WI add 5% \$ _____

TOTAL \$ _____



For Fastest Service, Call Toll Free

1-877-993-9320

24 hours a day, 7 days a week.

Our friendly, U.S. operators can answer your questions and help you SAVE even more!

Visit drwilliams.com

Call today or mail payment in the enclosed postage-paid envelope to: Dr. David Williams, PO Box 531, Montoursville, PA 17754

Service Code

MEMBER
 Council for Responsible Nutrition
The Science Behind the Supplements



ACCREDITED BUSINESS A+

WMSMPR-0218
13392d112917

SAVE UP TO 50%

+ FREE SHIPPING ON ALL ORDERS



ZEMBRIGHT MOOD PLUS®

SUPPLEMENT FACTS | 1 CAPSULE GIVES YOU:

Vitamin B6 (as pyridoxine HCl, pyridoxine-5-phosphate) **15 mg;**
Folate (as Quatrefolic® [6S]-5-methyltetrahydrofolic acid glucosamine salt) **100 mcg;**
Vitamin B12 (as methylcobalamin) **200 mcg;**
KSM-66® Ashwagandha Extract (root) **600 mg;** **Zembrin®** (Sceletium tortuosum extract, stem and leaf) **25 mg**

Contains: Milk (KSM-66® Ashwagandha is prepared in accordance with Ayurvedic tradition resulting in trace quantities of milk remaining in the product).

Quatrefolic is a registered trademark of Gnosis S.p.A. Corporation and protected by US Patent No. 7,947,662.

KSM-66 is a registered trademark of Ixoreal Biomed Pvt. Ltd.

Zembrin is a registered trademark of HG&H Pharmaceuticals Pty Ltd., exclusively distributed in the USA by PLT Health Solutions, Inc. US Patents #6,288,104 and #8,552,051



RECOMMENDED DOSE: Take 1 capsule daily with a meal.

PROBIOTIC ADVANTAGE® ORAL SINUS

SUPPLEMENT FACTS | 1 LOZENGE GIVES YOU:

Vitamin D (as cholecalciferol) **400 IU;** **Zinc** (as oxide) **5 mg;**
Oral Probiotic Blend *L. reuteri*, *S. salivarius* K12, *S. salivarius* M18 **40 mg.**

Contains: Milk (Product may contain trace amounts of milk from fermentation process.)

Contains 1 billion live bacteria when manufactured and provides an effective level until at least the expiration date.

RECOMMENDED DOSE: Adults and children 4 and older: Dissolve 1 lozenge in mouth once or twice daily, preferably after brushing teeth and/or mouthwash, and then swallow.



VISION ADVANTAGE®

SUPPLEMENT FACTS | 3 CAPSULES GIVE YOU:

Vitamin A (as mixed carotenoids) **10,000 IU;** **Vitamin C** (as ascorbic acid) **120 mg;** **Vitamin E** (as d-alpha tocopheryl succinate) **150 IU;** **Zinc** (as glycinate) **18 mg;** **Taurine** **500 mg;** **N-Acetyl L-Cysteine** **250 mg;**
Hachimijiogan Herbal Complex Astragalus (root), Asiatic Dogwood (fruit), Chinese Yam (root), Mountain Peony (root bark), Polyporus Mushroom, Rehmannia (root), Alisma (root), Schisandra (fruit) **100 mg;** **Triphala Complex** *Embllica officinalis* (fruit), *Terminalia bellerica* (fruit), *Terminalia chebula* (fruit) **50 mg;**
Lutein (from marigold flower) **10 mg;** **Astaxanthin** (from algae) **6 mg;**
Zeaxanthin (from marigold flower) **2 mg**

AstaReal is a registered trademark of Fuji Chemical Industries Co., Ltd.

Lutemax 2020 is a registered trademark of OmniActives Health Technologies, Ltd.



RECOMMENDED DOSE: Take 3 capsules once daily with a meal.

DIGESTIVE ENZYME ADVANTAGE™

SUPPLEMENT FACTS | 1 CAPSULE GIVES YOU:

Digestive Enzyme Blend Protease (from *A. oryzae*, *A. niger*, *A. melleus*), Amylase (from *A. oryzae*), Alpha Galactosidase (from *A. niger*), Glucoamylase (from *A. niger*), Lactase (from *A. oryzae*), Invertase (from *S. cerevisiae*), Lipase (from *C. rugosa*, *A. niger*, *R. oryzae*), Acid Maltase (from *R. oryzae*), Peptidase (from *A. oryzae*) **210 mg;** **Soothing Herbal Blend** Gentian Extract (root), Dandelion Extract (root) **200 mg;** **Ox Bile Powder** (from bovine) **100 mg**

RECOMMENDED DOSE: Take 1 capsule as needed before a meal.

WARNING: This product is not meant to treat, cure, or prevent celiac disease or gluten intolerance. Individuals with celiac disease or gluten intolerance should continue to avoid gluten. Pregnant or lactating women should consult a health care professional before taking this product.



**Get FREE Shipping and Lifetime Price Protection with
AUTODELIVERY™**

Enjoy convenience and save money by joining our FREE AutoDelivery service today! With AutoDelivery, you receive your favorite products on an automatic shipping schedule. You're always in charge—add a product, change a shipment date—it's easy and just a phone call away. Your locked-in price is guaranteed to never increase!

**To Lock In Your Savings Call Toll Free
1-877-993-9320**

CLICK TO SHOP

Scan this code with your smartphone to shop our mobile site.



100% Satisfaction Guarantee

I stand behind the safety and superior quality of my formulas and want you to be 100% satisfied with your purchase. In fact, I offer one of the industry's most generous guarantees because I want you to feel satisfied that the product is right for you. If for any reason the product does not meet your expectations, simply return it within 90 days for a full refund of the product price. It's that simple.

DW

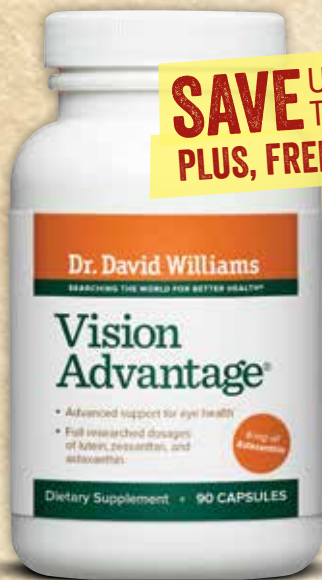


The Healthy Directions Difference A Higher Standard

When it comes to your health, we hold ourselves to a higher standard. We focus on delivering premium guidance, products, and services without compromise. Our doctor-developed formulas, Triple-Testing Philosophy, and pioneering industry leadership have earned us a more than 20-year track record of delivering incomparable safety, quality, and service. We're proud to be known as the #1 provider of doctor-formulated nutritional supplements and will continue striving to exceed your high expectations. Dr. Williams has been a part of the Healthy Directions family since 1997.

Take Care of Your Precious Eyes

with
Vision Advantage®



SAVE UP TO 50%
PLUS, FREE SHIPPING

**Supports comprehensive eye health
by helping to:**

- ✓ Relieve eyestrain and fatigue
- ✓ Keep your maculas and lenses healthy
- ✓ Reduce free-radical stress in the eyes
- ✓ Filter harmful wavelengths of light

“My formula is based on traditionally used vision breakthroughs from around the world and the latest scientific research and advances. Vision Advantage is the only eye health formula I trust for my eyes, so it has to be something extraordinary!”

Dr. David Williams



The best eye health ingredients from around the world

FROM THE FAR EAST

- ✓ **RESEARCH BLEND Hachimijiogan Herbal Complex** fights free radicals in your optic nerves, protects your lenses, and supports blood flow to your retinas, for overall eye health.

FROM THE USA

- ✓ **RESEARCH LEVEL Lutein and Zeaxanthin** shield your maculas from harmful light and keep your lenses healthy.
- ✓ **RESEARCH LEVEL Astaxanthin** supports your iris-ciliary muscles, easing eyestrain and reducing eye fatigue.
- ✓ **Vitamins A, C, E and N-Acetyl L-Cysteine** protect your lenses from an onslaught of harmful free radicals.
- ✓ **Taurine** supports retinal tissue and protects your eyes from harmful wavelengths of light.
- ✓ **Zinc** safeguards your maculas and vision.

FROM THE NEAR EAST

- ✓ **Triphala Complex**, rumored to be more than 5,000 years old, is still India's greatest secret for healthy eyes.

Full 6 mg research dose of astaxanthin!

9-MONTH SUPPLY

for just **\$179.96**

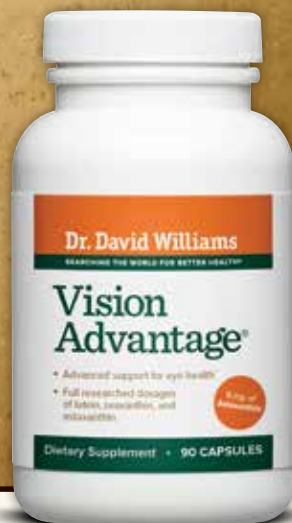
REG. ~~\$359.91~~ — **SAVE 50%** ITEM #VAD01

6-MONTH SUPPLY for just **\$143.96**

REG. ~~\$239.94~~ — **SAVE 40%**

3-MONTH SUPPLY for just **\$83.98**

REG. ~~\$119.97~~ — **SAVE 30%**



Probiotic lozenges support oral and immune health

I take **Probiotic Advantage® Oral Sinus** every day and suggest you do as well. The strains and balance of bacteria of oral probiotics are totally different from intestinal probiotics. But the goal is the same—trying to naturally promote the beneficial species of bacteria and establishing an environment that inhibits the growth of unbeneficial bacteria.

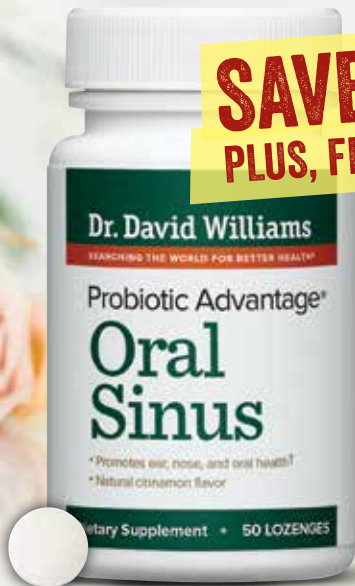
Probiotic Advantage Oral Sinus contains 3 unique strains of beneficial bacteria that help to keep your teeth, gums, and mouth healthy.

Plus, it freshens breath. In one clinical study, *S. salivarius* K12 was shown to help promote throat, pharynx, and ear health in children.¹ In a separate clinical study, *S. salivarius* K12 promoted a healthy environment for the throat and pharynx in adults when taken on a daily basis.²

Probiotic Advantage Oral Sinus has a delicious, natural, sugar-free flavor. And it's safe for kids over the age of 4.

¹ Di Pierro F, et al. *Int J Gen Med*. 2012;5:991–97.

² Di Pierro F, et al. *Expert Opin Biol Ther*. 2013;13(3):339–43.



**SAVE UP TO 50%
PLUS, FREE SHIPPING**

freshens
breath





Give your **oral** and **nasal** health a **FIGHTING CHANCE!**

Probiotic Advantage® Oral Sinus:

- ✓ Promotes healthy bacterial balance in the oral and sinus regions
- ✓ Keeps your immune system healthy
- ✓ Helps keep your teeth, gums, throat, and sinuses healthy
- ✓ Promotes fresh breath
- ✓ Natural sugar-free cinnamon flavor

**SAVE UP TO 50%
PLUS, FREE SHIPPING**

SEE WHAT CUSTOMERS ARE SAYING...

*Results may vary. Reviews from drdavidwilliams.com as of February 1, 2018.

9 BOTTLES

for just **\$112.46**

REG. ~~\$224.91~~ — **SAVE 50%**

ITEM #BLS01

6-BOTTLES for just \$89.96

REG. ~~\$149.94~~ — **SAVE 40%**

3-BOTTLES for just \$52.48

REG. ~~\$74.97~~ — **SAVE 30%**

"We take 2 a day, one after breakfast and brushing teeth. And another one before we go to bed. It keeps the nose unplugged the whole night. During the day we feel it protects us...we will keep using it."*

—Online Review

"...It keeps the mouth feeling clean and odor-free, and unlike antiseptic mouthwashes, it supports a healthy oral microflora. My dental checkups have been excellent. Thank you for another fine product."*

—Online Review

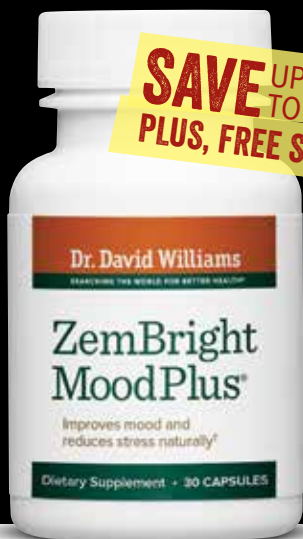
"...Anybody with sinus [concerns] should give it a try."*

—Online Review



WARNING...

You're about to experience a
DRAMATIC improvement in your
mood and energy levels!



SAVE UP TO 50%
PLUS, FREE SHIPPING

Non-Habit Forming
& Non-Drowsy

Side Effects to Watch Out For:

- Spontaneously Bursting into Song
- Constant Smiling
- Increased Motivation
- Surging Energy Levels
- Faster Thinking on Your Feet
- Better Control of Your Life



The “Happy Pill”

ZemBright Mood Plus

Sometimes you just need a little help to handle tough times. Zembrin®, a patented extract from carefully selected *Sceletium tortuosum* plants native to South Africa helps you cope with whatever comes your way—so you feel in control again!

Research shows Zembrin **increases the levels of serotonin and serotonin neurotransmission to positively affect mood, attitude, and outlook on life.**

ZemBright Mood Plus® combines this ancient botanical with **KSM-66® Ashwagandha**, an adaptive herb that helps your adrenals achieve internal harmony. The study results are simply amazing!

One study reported a significant reduction on the anxiety and mood testing scale...a notable reduction in the Perceived Stress Scale (PSS)...and levels of the stress hormone cortisol also dropped! You also get active B vitamins in **ZemBright Mood Plus** to support healthy brain and nerve cells and reduce mental fatigue.

“I began taking this product right before the holidays and noticed very quickly that it helped ease the stress during the busiest time of the year. I have been on it for about 4 months now and I can truly say that I have felt less stressed and more calm, motivated, positive and happy.”*

—Online Review

*Results may vary. Review from drdavidwilliams.com as of February 1, 2018.

**SAVE UP TO 50%
PLUS, FREE SHIPPING**

9-MONTH SUPPLY

for just **\$157.46**

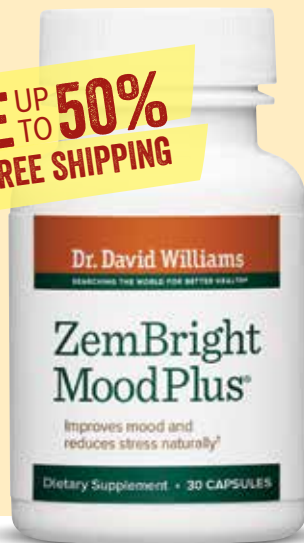
REG. ~~\$314.91~~ — **SAVE 50%** ITEM #ZMPO1

6-MONTH SUPPLY for just **\$125.96**

REG. ~~\$209.94~~ — **SAVE 40%**

3-MONTH SUPPLY for just **\$73.48**

REG. ~~\$104.97~~ — **SAVE 30%**

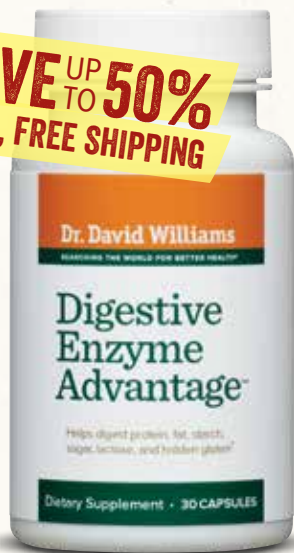




Digestive Enzyme Advantage™

You don't want a sour stomach *after eating!*

SAVE UP TO 50%
PLUS, FREE SHIPPING



It's not unusual to suffer from gas or bloating after eating certain foods. Digestive discomforts are no fun—they can disrupt social gatherings, work, family time, and even a solid night's sleep.

Digestive Enzyme Advantage gives you a complete range of digestive enzymes that break down hard-to-digest foods including complex carbohydrates, starches, fats, sugars, proteins, and even lactose and hidden gluten. Plus, it contains ox bile and other stomach-soothing herbs to support a healthy intestinal tract and keep you comfortable.

You'll Feel

NORMAL AGAIN

- ✓ Breaks down hidden gluten, casein, lactose, carbohydrates, fats, and starches
- ✓ Relieves occasional gas and bloating
- ✓ Lets you enjoy the foods you love again

Digestive Enzyme Advantage also contains a special protein from a protease enzyme that has been shown to break down casein and gluten proteins. Hidden gluten is found where you'd never expect it—salad dressings, low fat items, deli and processed meats (including hot dogs and sausage), snack foods, and even soup.

From your first bite to your last, **Digestive Enzyme Advantage** will improve your digestive health and comfort. Take with a probiotic for optimal digestive health.

SAVE UP TO 50%
PLUS, FREE SHIPPING

Dr. David Williams

TEACHING THE WORLD FOR BETTER HEALTH

**Digestive
Enzyme
Advantage**

Helps digest protein, fat, starch,
sugar, lactose, and hidden gluten

Dietary Supplement • 30 CAPSULES

9-MONTH SUPPLY

for just **\$112.46**

REG. ~~\$224.91~~ — **SAVE 50%** ITEM #DEA01

6-MONTH SUPPLY for just \$89.96

REG. ~~\$149.94~~ — **SAVE 40%**

3-MONTH SUPPLY for just \$52.48

REG. ~~\$74.97~~ — **SAVE 30%**

WMSMPB4-0218

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Dr. David Williams

SEARCHING THE WORLD FOR BETTER HEALTH®



Dear Friend,

I know you're committed to total health and wellness just like I am. That's why I've asked the team at Healthy Directions to come up with a special savings opportunity so you can continue to live a vibrant and healthy life. I've selected 4 of my favorite products to help you age well and live well. Each exclusive formula is based on ingredients that I've investigated, including every important fact, laboratory study, and piece of clinical evidence. Plus, each formula is vetted using the strictest quality control measures.

For example, **ZemBright Mood Plus®** includes a unique combination of ingredients to help boost your mood and improve the way your body responds to stress. My **Vision Advantage®** formula gives you the nutrients your eyes need from around the world so you absolutely can enjoy long-term eye health no matter how old you are.

I've included **Digestive Enzyme Advantage™** because it's essential for supporting healthy, comfortable digestion. It breaks down hard-to-digest foods so you can eat more of the foods you love with less discomfort.

And I absolutely had to include the last formula—**Probiotic Advantage® Oral Sinus**. I take it every day and suggest you do as well. These tasty little sugar-free, cinnamon-flavored lozenges contain 3 critical beneficial bacteria shown to promote ear, nose, and throat health, keep your gums and teeth healthy, and freshen your breath. Plus, **Probiotic Advantage Oral Sinus** contains vitamin D and zinc for additional immune support.

This is the perfect opportunity to stock your medicine cabinet full of all your favorite formulas or try something new. See the enclosed order form for details on this special offer.

To your health,

P.S. Your health is my top priority, so I had my team put together a limited-time savings package on some of my top-rated health products. Please take a moment and call **1-877-993-9320** or see the enclosed order form so you can stock up today.