

**“Top-down”**

## **EXECUTIVE**

- Motor Planning
- Cognitive therapy
- Mindfulness training

## **RELEVANCE**

- Affect attunement
- Narrative therapy
- Floortime™

**External-world**

**Internal-body**

• Child-parent psychotherapy

## **SENSORY**

- Sensory Integration
- Auditory Processing Remediation
- Vision Therapy

## **REGULATION**

- Psychopharmacology
- Nutrition
- Neurofeedback
- Yoga

• Sensorimotor psychotherapy

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