

**NEW YEAR,
NEW YOU!**

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**“I don’t go a day without Total CardioCover—
the results keep getting better and better.”**

Dr. David Walling



Dear Friend,

If you want to maintain the health of your heart, I can’t emphasize enough how important it is to take my Total CardioCover® formula every day. Nattokinase and AmlaMax® work together to support the major markers

of cardiovascular health. If you haven’t already noticed a difference in your blood test numbers, give it a little more time. The longer you take Total CardioCover, the better your results.

Here’s why this power duo keeps your cardiovascular system healthy.

Rare Indian gooseberry is the key to incredible heart health

It all starts with the Indian gooseberry, or amla in Hindi. In India it’s considered a sacred tree since the fruit is very nourishing—it’s rich in vitamin C and ellagic acid, a well-known potent antioxidant. The health-boosting berry is usually eaten with salt and water to make the sour fruit more palatable.

Because of this berry’s sour taste, the best way to take amla is in supplement form. There are over 280 varieties of amla. I recommend a very rare form called AmlaMax. It contains wild amla that’s harvested for only 2 months in the summer. It has more antioxidants than cultivated amla. One of the few places you can get this unique and powerful form of amla is in AmlaMax. AmlaMax consists of extracts of the fresh fruit which are standardized to

contain 20% of hydrolysable ellagic acid, which makes it a valuable heart health supporter.

I was blown away by the research

And the research on AmlaMax couldn’t be more impressive. AmlaMax has been scientifically researched to promote healthy blood flow by supporting 3 critical markers of cardiovascular health: HDL cholesterol levels, triglyceride levels, and CRP levels.

Three clinical studies found that 500 mg of AmlaMax a day for 3 months helped support a healthy ratio of HDL to LDL cholesterol and healthy triglyceride and CRP levels. This is huge news because there’s really nothing else out there besides high-dose fish oil that naturally supports healthy triglyceride levels. Supporting healthy HDL levels is one of the hardest things to do, but probably the most important thing in terms of your cholesterol health.

HDLs are highly dense lipid particles that act as little bullets in your bloodstream. Their job is to keep your blood vessels running smoothly by helping to balance the ratio of cholesterol in your blood. This balance is the key to maintaining healthy cholesterol ratios. And AmlaMax is one of the only nutrients consistently shown to help support a healthy HDL to LDL ratio.

When I first discovered AmlaMax, I immediately knew it was the perfect nutrient to pair with nattokinase.

(continued on next page)

Thin your blood naturally with this ancient Japanese “wonder”

The Japanese have been eating a fermented soybean food called natto for centuries. It's an acquired taste, but it's the sticky strings that contain the clot-reducing, heart-supporting power of nattokinase.

I've long been a big proponent of nattokinase because this ancient Japanese secret has so many benefits, such as the ability to support circulation and artery health by reducing clot-causing fibrin.

The best and easiest way to take nattokinase is in supplement form. But there are two major problems with some supplements I've found. Nattokinase comes from natto extract, which naturally contains vitamin K. Also, most fall short of the research dose of 2,000 FU (fibrin units) of nattokinase a day.

The nattokinase I recommend was developed with a special patented process that removes the vitamin K from the natto extract. It also includes the full research dosage of 2,000 FU (fibrin units) of

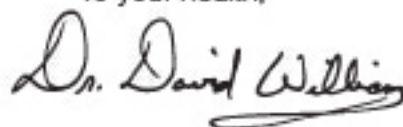
nattokinase per day, which is very important to its effectiveness.

An excellent cardio report can mean a healthy life

If you want to support the health of your heart, arteries, circulation, and cholesterol, I recommend you continue taking **Total CardioCover** every day. Studies show the longer you take it the better results you get.

It's wonderful to get an excellent cardiovascular report card. You get the peace of mind you need to live a happier, healthier life.

To your health,



P.S. **Total CardioCover** is my top recommendation for healthy blood flow, HDL/LDL cholesterol ratios, and CRP levels. I recommend you continue taking it every day—and stick with it for better results over time.

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