

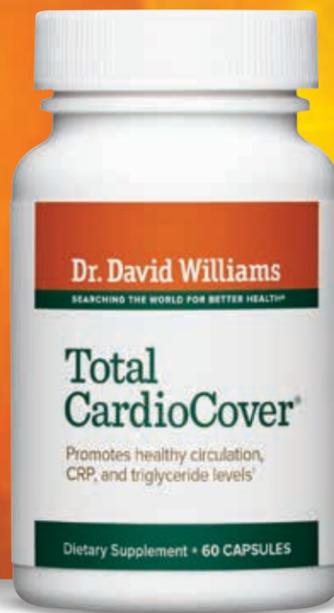
Dr. David Williams  
PO Box 531  
Montoursville, PA 17754

# NEW YEAR, NEW YOU!

PSRT, STD.  
U.S. POSTAGE  
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PREFERRED, LLC

# SAVE <sup>up</sup> to 50%

See inside for details.



## F.P.O.

“Did more [for] my triglyceride levels [and] HDL levels than anything I've ever tried.\*”

—Online Review

\*Results may vary.

See the full review inside. ▶

## Get 3 FREE Months, 25% Bonus Savings, and FREE Shipping!

Details inside...

**HURRY—OFFER ENDS SOON!**



TSC-018  
13188P102017





“The results can only get better and better over time. I don’t go a day without my **Total CardioCover.**”

*Dr. David Williams*

**NEW YEAR, NEW YOU!**

**SAVE up to 50%!**

**Get 3 FREE MONTHS, 25% bonus savings, and FREE shipping**

## Total CardioCover:

- **Supports** healthy circulation
- **Naturally** thins the blood
- **Helps support** a healthy LDL/HDL cholesterol ratio and triglycerides
- **Helps support normal** C-reactive protein (CRP) levels, an inflammatory marker

### SUPPLEMENT FACTS

#### 2 CAPSULES GIVE YOU:

Amla Extract\* (fruit) .....500 mg  
 Nattokinase\* (from soy) .....50 mg

Contains: Soy

\*AmlaMax® is a registered trademark of Dolcas Biotech, LLC.

\*NSK-SD40® is a registered trademark of JBLS.



**RECOMMENDED DOSE:** Take 2 capsules daily, 1 with morning meal and 1 before going to bed.

**WARNING:** If you take warfarin or other blood thinning products, or are pregnant or lactating, consult a health care professional before taking this product.



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**A Higher Standard**

When it comes to your health, we hold ourselves to a higher standard. We focus on delivering premium guidance, products, and services without compromise. Our doctor-developed formulas, Triple-Testing Philosophy™, and pioneering industry leadership have earned us a more than 20-year track record of delivering incomparable safety, quality, and service. We’re proud to be known as the #1 provider of doctor-formulated nutritional supplements and will continue striving to exceed your high expectations. Dr. Williams has been a part of the Healthy Directions family since 1997.

**CLICK TO SHOP**

Scan this code with your smartphone to shop our mobile site.





# Total CardioCover Gets 5-Star Reviews

## Natural blood thinner!

"I've taken vitamins all my life, but this is great! **Total CardioCover** has actually helped thin my blood naturally!"\*

—Sharon D.

## Excellent test results!

"My tests recently showed my blood flow and viscosity were both good, and I will continue to use **Total CardioCover**."

—Joy W.

## Feeling great!

"I have felt an improvement in my overall health. My HDL cholesterol and triglycerides are good...I am very pleased with this product."

—Online Review

## The Best!

"This is the one supplement, besides fish oil, which I wouldn't go without. This supplement did more [for] my triglyceride levels [and] HDL levels than anything I've ever tried. Excellent product."

—Online Review

## This is a great product!

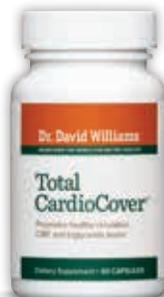
"I was using this and I stopped to try another product, but I wasn't happy with my numbers. So now I am back using Dr. Williams' **Total CardioCover**. This is a great product!"

—Barb, Online Review

\*Results may vary. Online reviews as of May 17, 2017.

# Complete Heart and Circulatory Support!

- **Supports** healthy circulation
- **Helps support** a healthy LDL/HDL cholesterol ratio and triglycerides
- **Naturally** thins the blood
- **Helps support** normal C-reactive protein (CRP) levels, an inflammatory marker



## 3 Easy Ways to Order



**1-877-993-9320**

Call toll free 24 hours a day, 7 days a week



**Dr. David Williams**  
PO Box 531, Montoursville, PA 17754



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## 100% Satisfaction Guarantee

I stand behind the safety and superior quality of my formulas and want you to be 100% satisfied with your purchase. In fact, I offer one of the industry's most generous guarantees because I want you to feel satisfied that the product is right for you. If for any reason the product does not meet your expectations, simply return it within 90 days for a full refund of the product price. It's that simple.

*Dr. David Williams*

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



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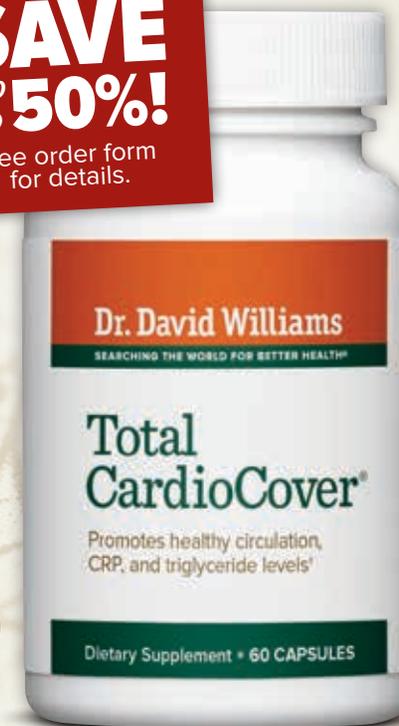
## Reorder Today

# You'll love your heart-healthy numbers

**NEW YEAR, NEW YOU!**

**SAVE up to 50%!**

See order form for details.



Gluten Free

## See the science inside...

Ingredient studies reveal...

# Your Results Keep Getting Better Over Time!

- ✓ **Helps lower CRP**
- ✓ **Lowers triglycerides**
- ✓ **Supports a healthy LDL/HDL cholesterol ratio**

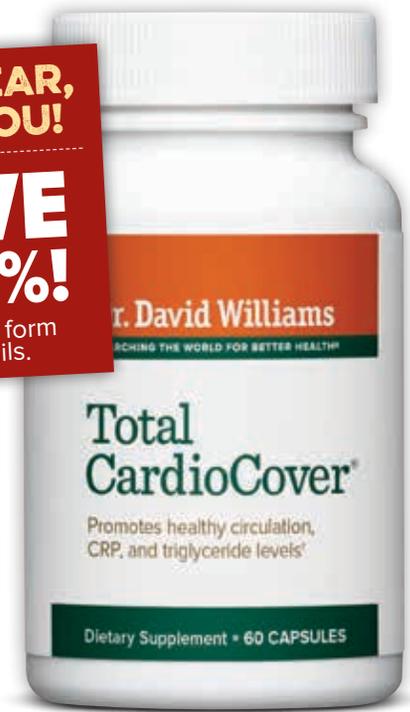
**Total CardioCover**® is a comprehensive formula that supports major cardiovascular markers—blood flow, blood clotting, HDL cholesterol levels, triglyceride levels, and CRP levels.

**Total CardioCover** contains research doses of 2 potent phytonutrients—nattokinase from the Japanese soybean and AmlaMax®, a special extract of wild Indian gooseberry—to give you complete cardiovascular support.

Nattokinase helps support heart health by promoting normal blood clotting. But not all nattokinase is created equal. The nattokinase I recommend was developed with a special patented process that removes the vitamin K from the natto extract. It also includes the full research dosage of 2,000 FU (fibrin units) of nattokinase per day, which is very important to its effectiveness.

When I first discovered AmlaMax, I immediately knew it was the perfect nutrient to pair with nattokinase. Three clinical studies found that taking 500 mg of AmlaMax a day helps balance the ratio of HDL to LDL cholesterol to keep it in the healthy range. Plus, it supports healthy triglyceride levels as well as C-reactive protein (CRP), which is an inflammatory marker in the artery walls. The largest study was over a 6-month period.

**NEW YEAR, NEW YOU!**  
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 See order form for details.

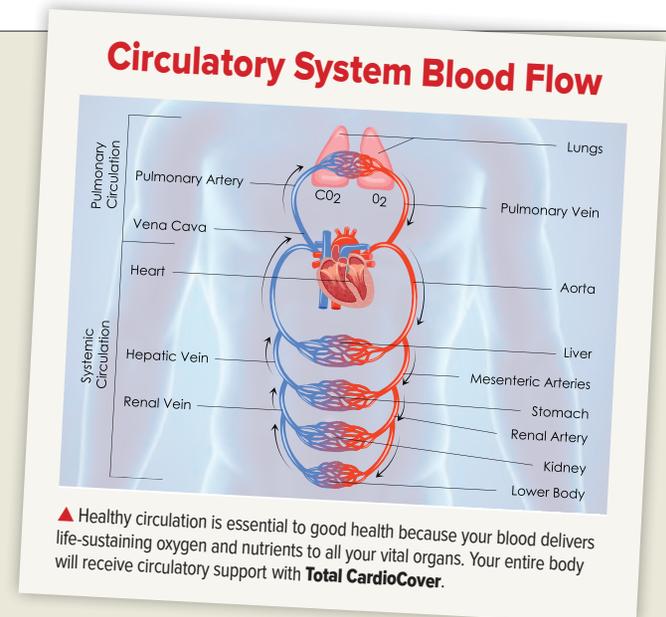
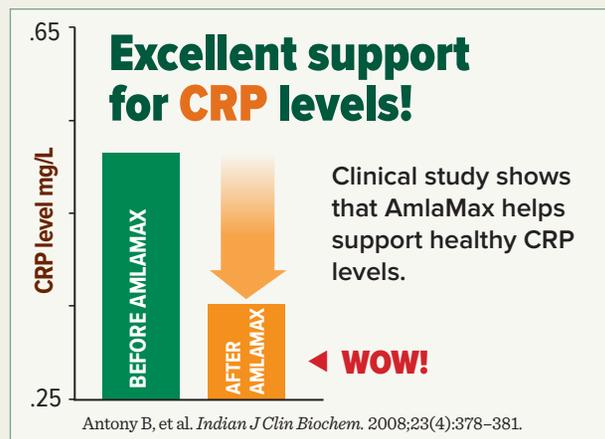
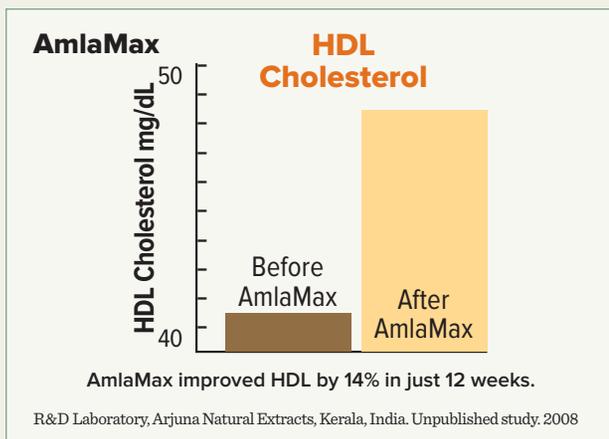


Gluten Free

Contains: Soy

To get the best results at your next checkup, it's key to take **Total CardioCover every day. You'll notice better blood test numbers and excellent circulation.**

## The research shows...



**NEW YEAR,  
NEW YOU!**

**SAVE <sup>up</sup> to 50%!**

*See order form for details.*

**“I don’t go a day without Total CardioCover—the results keep getting better and better.”**

*Dr. David Walling*



Dear Friend,

If you want to maintain the health of your heart, I can’t emphasize enough how important it is to take my **Total CardioCover®** formula every day. Nattokinase and AmlaMax® work together to support the major markers

of cardiovascular health. If you haven’t already noticed a difference in your blood test numbers, give it a little more time. The longer you take **Total CardioCover**, the better your results.

Here’s why this power duo keeps your cardiovascular system healthy.

### **Rare Indian gooseberry is the key to incredible heart health**

It all starts with the Indian gooseberry, or amla in Hindi. In India it’s considered a sacred tree since the fruit is very nourishing—it’s rich in vitamin C and ellagic acid, a well-known potent antioxidant. The health-boosting berry is usually eaten with salt and water to make the sour fruit more palatable.

Because of this berry’s sour taste, the best way to take amla is in supplement form. There are over 280 varieties of amla. I recommend a very rare form called AmlaMax. It contains wild amla that’s harvested for only 2 months in the summer. It has more antioxidants than cultivated amla. One of the few places you can get this unique and powerful form of amla is in AmlaMax. AmlaMax consists of extracts of the fresh fruit which are standardized to

contain 20% of hydrolysable ellagic acid, which makes it a valuable heart health supporter.

### **I was blown away by the research**

And the research on AmlaMax couldn’t be more impressive. AmlaMax has been scientifically researched to promote healthy blood flow by supporting 3 critical markers of cardiovascular health: HDL cholesterol levels, triglyceride levels, and CRP levels.

Three clinical studies found that 500 mg of AmlaMax a day for 3 months helped support a healthy ratio of HDL to LDL cholesterol and healthy triglyceride and CRP levels. This is huge news because there’s really nothing else out there besides high-dose fish oil that naturally supports healthy triglyceride levels. Supporting healthy HDL levels is one of the hardest things to do, but probably the most important thing in terms of your cholesterol health.

HDLs are highly dense lipid particles that act as little bullets in your bloodstream. Their job is to keep your blood vessels running smoothly by helping to balance the ratio of cholesterol in your blood. This balance is the key to maintaining healthy cholesterol ratios. And AmlaMax is one of the only nutrients consistently shown to help support a healthy HDL to LDL ratio.

When I first discovered AmlaMax, I immediately knew it was the perfect nutrient to pair with nattokinase.

*(continued on next page)*

## Thin your blood naturally with this ancient Japanese “wonder”

The Japanese have been eating a fermented soybean food called natto for centuries. It’s an acquired taste, but it’s the sticky strings that contain the clot-reducing, heart-supporting power of nattokinase.

I’ve long been a big proponent of nattokinase because this ancient Japanese secret has so many benefits, such as the ability to support circulation and artery health by reducing clot-causing fibrin.

The best and easiest way to take nattokinase is in supplement form. But there are two major problems with some supplements I’ve found. Nattokinase comes from natto extract, which naturally contains vitamin K. Also, most fall short of the research dose of 2,000 FU (fibrin units) of nattokinase a day.

The nattokinase I recommend was developed with a special patented process that removes the vitamin K from the natto extract. It also includes the full research dosage of 2,000 FU (fibrin units) of

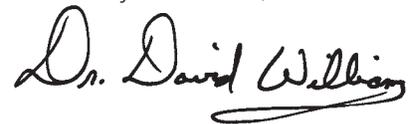
nattokinase per day, which is very important to its effectiveness.

## An excellent cardio report can mean a healthy life

If you want to support the health of your heart, arteries, circulation, and cholesterol, I recommend you continue taking **Total CardioCover** every day. Studies show the longer you take it the better results you get.

It’s wonderful to get an excellent cardiovascular report card. You get the peace of mind you need to live a happier, healthier life.

To your health,



P.S. **Total CardioCover** is my top recommendation for healthy blood flow, HDL/LDL cholesterol ratios, and CRP levels. I recommend you continue taking it every day—and stick with it for better results over time.



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