How Much **OxyRub** Should You Use?

Recommended "Quarters" of OxyRub*	Where does it hurt?	
	Hand, Wrist, Ankle	🌀
	Neck, Elbow	🌀 🌀
	Shoulder, Knee	🌀 🌀 🌀
	Back, Hip	🌀 🌀 🌀 🌀

Recommended "Dimes" of OxyRub*	Where does it hurt?	
	Knuckles, Toes	🌀

*Apply as needed, no more than 3-4 times daily.